

Valid from Jan 1 to Dec 31, 2025.

Treatment Name		Description	Duration	Price
Body Hot Stone Energy Massage	Hot Stone Energy Massage (Back)	A therapeutic aromatherapy massage combined with the healing properties of heated stones. The rich negative ions and far-infrared energy penetrate deeply into the body, enhancing blood circulation. Using muscle relaxation techniques and traditional Chinese meridian acupressure, this treatment quickly relieves muscle stiffness, alleviates stress, and activates your energy centers. ※ Recommended for individuals with cold extremities, poor circulation, lower-body fluid retention, and muscle stiffness.	40 min.	NT\$3,000 per person
	Hot Stone Energy (Full Back)		60 min.	NT\$4,000 per person
	Hot Stone Energy (Full Back)		90 min.	NT\$4,800 per person
Premium Facial, Head & Foot Care	Korean Facial Care	Using exclusive Korean massage techniques combined with pure natural plant-extracted essential oils and skincare products, this treatment deeply cleanses the face. A customized plant-based essence is infused using ultrasound technology to penetrate the skin, repair and revitalize facial cells, and relax the face, head, shoulders, neck, and arms. The session concludes with a natural plant-based facial mask, providing deep hydration, brightening, and moisturizing effects, leaving your skin instantly radiant and smooth. ※ Recommended for individuals with shoulder and neck muscle fatigue, rough, dry, or dull skin.	70 min.	NT\$3,800 per person
	Walking on Clouds (Head & Foot Massage)	This treatment begins with a natural enzyme exfoliating scrub to remove dead skin cells from the top and bottom of the feet. It is followed by muscle relaxation and meridian massage techniques to relieve leg soreness, promote blood circulation, and accelerate metabolism. Additionally, it helps alleviate leg swelling and muscle discomfort while providing deep relaxation for the head. ※ Recommended for individuals with varicose veins, those who stand for long hours at work, or those who sit for extended periods in an office setting.	50 min.	NT\$2,600 per person
Additional Therapies	Radiant Whitening Exfoliation (Upper Back)	This treatment removes dead skin cells from the back, nourishes the skin, and improves uneven skin tone. It is an ideal pre-treatment for any spa treatment, especially for those looking to brighten their complexion after sun exposure.	10 min.	NT\$800 per person
	Whitening & Hydrating Facial Mask	Designed to maintain supple and delicate skin, this facial mask provides deep hydration and brightening effects using pure natural botanical ingredients. It effectively soothes sun-exposed skin, restoring its natural glow.	20 min.	NT\$800 per person
	Basic Facial Care	This essential facial care treatment is specially designed to complement other body treatment sessions, allowing you to achieve a radiant complexion in a short amount of time. It must be combined with a body treatment session, making it convenient to receive two therapies within a shorter timeframe. (40-minute session including makeup removal, cleansing, exfoliation, facial massage, and skincare application.)	40 min.	NT\$1,600 per person
	Ear Candling Therapy (Cranial Detoxification)	Following a full relaxation treatment, this ear candling treatment helps purify the cranial cavity, expelling toxins and waste gases from the body. It also relieves eye and brain pressure, promoting deep relaxation for both the head and body.	30 min.	NT\$1,600 per person
	Extended Therapy Duration	If you feel the treatment time is insufficient, you may extend your session to fully enjoy your experience.	10 min.	NT\$800 per person

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[2025 ZEN SPA Treatment Overview]

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Treatment Name		Description	Duration	Price
Signature Packages	Luxury Rejuvenation & Womb Warming	This treatment begins with a European muscle relaxation massage using 100% pure Swiss-imported botanical essential oils to ease full-body tension. It includes a facial lymphatic detox massage, followed by a natural plant-based brightening and hydrating mask, offering a dual effect of beauty and deep relaxation. ※ Recommended for individuals with muscle soreness, nervous tension, high stress levels, and rough skin texture.	90 min.	NT\$4,800 per person
	Luxury Slow Living SPA	This treatment starts with a natural enzyme exfoliation to remove excess dead skin from the back, followed by a premium Black Sea mud body wrap to detoxify the body and activate skin cells. This European muscle relaxation technique then works to release tension, promoting energy flow along the spine while alleviating fatigue and stress. ※ Recommended for individuals with head, shoulder, and back pain, and those who desire a beautifully smooth back.	80 min.	NT\$4,800 per person
	Luxury Chakra Energy Balance Therapy	Exclusively designed for you, this treatment offers the ultimate self-care experience, allowing complete relaxation of the mind, body, and spirit. It begins with exfoliation using natural botanical extracts to remove excess dead skin from the back, followed by a Black Sea mud body wrap for detoxification and skin revitalization. Premium chakra essential oils are then applied to balance and purify the body. The session concludes with rhythmic massage techniques to relieve head tension and provide deep full-body relaxation through an essential oil massage. ※ Recommended for individuals experiencing full-body soreness, high stress levels, excessive dead skin buildup, and those seeking complete body detoxification.	130 min.	NT\$8,000 per person
Mind & Body Relaxation	Serenity Stroll (Full Back Relaxation)	Designed for those with back and leg soreness, this treatment uses muscle relaxation techniques to relieve stiffness from the soles of the feet to the top of the head, quickly eliminating fatigue. The session leaves you feeling light and completely relaxed, as if walking on clouds. ※ Recommended for long-distance drivers, office workers, and those who spend extended hours sitting and using computers.	50 min.	NT\$3,000 per person
	Serenity Dance (Full Body Relaxation)	A European-style muscle relaxation massage, enhanced with soothing music and pure natural essential oils. Performed with rhythmic, deeply intuitive techniques, this treatment releases tension from every muscle and nerve, purifies the body, promotes blood circulation, and restores harmony to the mind, body, and spirit. ※ Recommended for individuals with full-body muscle soreness, nervous tension, and high work-related stress.	70 min.	NT\$3,800 per person
Deep Meridian Body Massage	Deep Stress Relief (Full Back)	This treatment combines exclusive European muscle relaxation techniques with traditional Chinese meridian and acupressure massage to deeply release tension in the back. It promotes the smooth flow of energy, alleviates stiffness in the back and legs, and relieves fatigue. ※ Recommended for individuals with muscle stiffness, office workers, and those experiencing "tech neck" from prolonged screen use.	50 min.	NT\$3,400 per person
	Deep Stress Relief (Full Body)	A powerful deep-tissue treatment that integrates European muscle relaxation techniques with traditional Chinese meridian and acupressure massage. This treatment stimulates the nervous system, improves circulation, and promotes the smooth flow of energy throughout the body. It deeply relieves full-body muscle stiffness, eliminates fatigue, and revitalizes energy levels. ※ Recommended for individuals experiencing headaches, back pain, insomnia, nasal allergies, or high cranial pressure.	70 min.	NT\$4,400 per person

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Soothing Sleep & Eye Rejuvenation	Ear Candling SPA Therapy (Cranial Detoxification)	A holistic cleansing treatment that combines lymphatic drainage massage with a traditional Native American ear candling technique. This treatment purifies the ears, nose, and throat. Recommended for individuals who frequently experience headaches, are exposed to secondhand smoke, or have a damp body constitution. This treatment is especially beneficial as a seasonal detox during spring and autumn transitions. ※ Recommended for individuals experiencing headaches, back pain, insomnia, nasal allergies, or high cranial pressure.	70 min.	NT\$3,800 per person
	Soothing Sleep & Eye Rejuvenation	A soothing head and eye spa treatment designed to nurture the mind, body, and spirit. This treatment combines aromatic essential oils with expert massage techniques to promote relaxation, relieve work-related stress, improve sleep quality, and balance ocular and inner ear pressure.	70 min.	NT\$3,800 per person
Additional Therapies	Wholesome Wellness SPA	A complete relaxation treatment featuring full-body muscle release, upper back essential oil massage, inner ear balance treatment, and a head massage for deep sleep enhancement, delivering instant stress relief.	30 min.	NT\$1,800 per person
	Eye Revitalization Therapy	This specialized treatment uses energy wands to stimulate acupressure points around the eyes, combined with a traditional Chinese herbal eye mask. Recommended for individuals who experience prolonged screen exposure, eye strain, or high ocular pressure, this treatment provides instant clarity and relief.	20 min.	NT\$1,200 per person
	Spinal & Back Tension Release	Recommended for individuals who sit for extended periods, drive long distances, or suffer from poor posture, spinal misalignment, and chronic back pain. This deep-tissue treatment effectively relieves tension.	30 min.	NT\$1,600 per person
	Abdominal Candle Aromatherapy	The navel is considered the foundation of life and the core of postnatal energy balance. This holistic treatment harmonizes internal organs, restores yin-yang balance, and releases emotional blockages accumulated in the body's chakra system.	30 min.	NT\$1,600 per person

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